

## CS 160: Lecture 18

Professor John Canny

4/5/2006

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## Outline

- ▣ Some basic concepts from social psychology
- ▣ CSCW: Computer-supported Cooperative Work
- ▣ Case study: video-conferencing

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## Social Psychology

- ▣ Why study it?
- ▣ It helps us understand human collaboration, which is one of the most difficult areas of HCI, but also the most important.
- ▣ Most "knowledge work" is collaborative at some level. Organizations can be more or less than the sum of their parts.



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## Mere presence effects

- ▣ Simply being near others can lead to changed performance, e.g. Triplett's fishing observations.



- ▣ How would fishermen in a group perform differently from individuals?

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## Mere presence effects

- ▣ A: They catch more fish *per fisherman*!
- ▣ But specifically, which aspects of performance change?



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## Mere presence

- ▣ Stress, anxiety or stimulation increase physiological arousal, and arousal *speeds up behavior*.
- ▣ The presence of others pushes these buttons...
- ▣ But increased speed can also increase errors, so it can be *bad on difficult tasks*.

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## Mere presence

- ▣ Increased arousal generally helps learning
- ▣ But, it also heightens response to well-learned stimuli (Zajonc and Sales):

Its an "alpha helix"



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## Mere presence

- ▣ Mere *presence* isn't quite the right idea.
- ▣ The presence of a blindfolded subject didn't increase arousal, and didn't affect performance.
- ▣ The presence of others *evaluating* or *competing* with us is what matters.

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## Mere presence - Design Implications

- ▣ Increasing the level of group "awareness" should increase mere presence effects:
  - \* Heightened arousal
  - \* Faster performance
  - \* Increased learning
  - \* More errors
- ▣ Examples:
  - \* High awareness - video conferencing, phone
  - \* Medium - Instant messaging
  - \* Low awareness - Email

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## Mere presence - Design Implications

- ▣ What would be a good medium for:
  - \* Routine discussions?
  - \* Brainstorming?
  - \* Working on difficult tasks, e.g. programming?

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## Attribution

- ▣ How do we attach meaning to other's behavior, or our own?
- ▣ This is called attribution.
- ▣ E.g. is someone angry because something bad happened, or because they are hot-tempered?



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## Attribution: ourselves

- ▣ Lets start with ourselves, how good are we at figuring out our emotions?
- ▣ Schacter: it depends strongly environmental and physiological factors, and others near us.
- ▣ The bottom line is that we can feel strong emotion, but struggle to recognize it as happiness or anger.



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## Schacter's experiments

- ☐ Subjects interacted with a confederate, confederate expressed strong emotions (happy, angry, sad).
- ☐ Subjects normally mirror such emotion slightly (empathy).
- ☐ Injecting a stimulant (epinephrine) causes a physiological state similar to strong emotion. Subjects who received it strongly mimic-ed the confederate.
- ☐ Most interestingly, subject's attributed their emotions to all kinds of other factors (than the confederate's state).
- ☐ However, knowledge of the effects of the drug reduced subject's response.

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## Attribution theory

- ☐ Attribution theory: was this behavior caused by personality, or environment?
- ☐ Fundamental attribution error:
  - \* When I explain my own behavior, I rely on external explanations.
  - \* When I explain others' behavior, I'm more likely to attribute it to personality and disposition.
  - \* e.g. other drivers are either "lunatics" (faster than me) or "losers" (slower than me). Of course, they have the same model about you ☺...

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## Attribution theory

- ☐ How should you design communication systems to minimize attribution errors?

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## Attribution theory - design implications

- ☐ To reduce attribution errors, its important to have as much context as possible.
- ☐ E.g. room-scale video-conferencing, or ambient displays:



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## Non-verbal communication

- ☐ In real life, we use a lot more than speech (or sign language) to communicate.
- ☐ Non-verbal communication includes:
  - \* Gaze, eye contact
  - \* Facial expression
  - \* Gesture
  - \* Posture
  - \* Touch
  - \* Location (proxemics)
  - \* Time
  - \* Prosody (speech)



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## Non-verbal communication

Which of these cues are preserved by:

- ☐ Email?
- ☐ Instant messaging?
- ☐ Telephony?
- ☐ Video-conferencing?



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## Non-verbal communication

Q: What is the role of these cues in normal communication?

A: It depends totally on the role of the communication, e.g.

- ☐ Routine (giving information, coordinating)
- ☐ Persuading and being persuaded
- ☐ Trust, deception and negotiation
- ☐ ...



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## Routine communication

- ☐ Most of what happens in most organizations.
- ☐ Doesn't seem to benefit much from non-verbal cues, and in fact there is evidence that people prefer less-rich media such as email and telephone:
  - \* Sproull and Kiesler: computer science students did better with email than face-to-face meetings.
  - \* Connell et al.: Business employees preferred the phone over face-to-face and email for routine communication.

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## Persuasion

- ☐ Seems to be strongly influenced by gaze and facial cues (Werkoven et al.).

**Note: Most non-verbal cues** are not consciously processed. We transmit and receive without being aware of what we are doing. Most non-verbal cues are strongly influenced by our personality and emotional state.

**Facial expression is different** however. We consciously manage it, and it shows very little correlation with emotional state.

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## Trust and deception

- ☐ Most people emit easy-to-read non-verbal cues when they try to deceive. These are the basis of "lie detector" tests.
- ☐ They include:
  - \* Prosodic speech variation
  - \* Skin conduction (due to sweating)
  - \* Breathing and heart rate changes
  - \* Particular body gesture cues

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## Trust and deception

- ☐ Facial expression on the other hand, since it is consciously managed, is a poor cue to deception.
- ☐ Most deception cues therefore, are "below the neck".

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## Trust and deception

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- A former president:




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## Trust and deception

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- A former president:



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## Trust and deception

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- A former president:



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## Break

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## CSCW: Computer-Supported Cooperative Work

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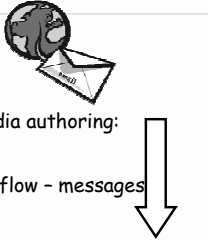
- Its about tools that allow people to work together.
- Most of the tools support remote work
  - \* video, email, IM, Workflow
- Some tools, e.g. Livenotes, augment local communication.
- Can be synchronous (live) or asynchronous

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## Asynchronous Groupware

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- Email: still a killer app
- Newsgroups: topical messaging
- Cooperative hypertext/hypermedia authoring: e.g. Wikis, Blogs
- Structured messaging: e.g. Workflow - messages route automatically.
- Knowledge repositories: Answergarden, MadSciNet, Autonomy...



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## Blogs and Wikis

- Hybrids between mail/news and web sites.
- Posting capabilities make the site dynamic.
- Web presence makes it accessible+searchable
- Usually create a hierarchy among the user group (posting, commenting, reading).
- See e.g. swiki from Georgia Tech  
<http://minnow.cc.gatech.edu/swiki>

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## Content-Management Systems

- CMSES (like Plone) go a step further.
- They include fancier publishing options (templates) and site navigation widgets.
- They also include more groupware features, scheduling, news, comments, etc.



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## Language/Action Analysis

- Early studies of CSCW noticed that human dialogue at work was "transactional":
- It comprised a few categories of "speech acts", like ask, propose, accept, acknowledge..
- i.e. user action and form of dialogue were closely coupled.



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## Language/Action Analysis

- Systems were built to support specific acts and to follow and help the work.
- BUT: they were *too* restrictive.
- E.g. the *Coordinator* forced users to identify the speech act they were using to the system.
- Finally a compromise was found: Workflow.

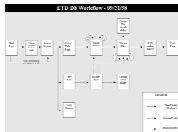
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## Workflow

- Documents carry meta-data that describes their flow through the organization:
  - \* Document X should be completed by Jill by 4/15
  - \* Doc X should then be reviewed by Amit by 4/22
  - \* Doc X should then be approved by Ziwei by 4/29
  - \* Doc X should finally be received by Don by 5/4

- The document "knows" its route. With the aid of the system, it will send reminders to its users, and then forward automatically at the time limit.



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## Workflow

- There are many Workflow systems available. Lotus notes was one of the earliest.
- Workflow support now exists in most enterprise software systems, like Peoplesoft, Oracle, SAP etc.

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## Knowledge repositories

- AnswerGarden (Ackerman): database of commonly-asked questions that grows automatically.
- User poses question as a text query: 
  - \* System responds with matches from the database.
  - \* If user isn't satisfied, system attempts to route query to an expert on the topic.
  - \* Expert receives query, answers it, adds answer to the database.

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## Trends

- There is a trend toward "do everything" systems like Autonomy:
- Autonomy includes:
  - \* Automatic expertise profiling
  - \* Social networks (communities of practice)
  - \* Document clustering and categorizing
  - \* Search and browse
  - \* Automatic cross-referencing & hyperlinking
- i.e. no boundary between "content management" and "people management"

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## Video Conferencing

- The ultimate collaboration technology of tomorrow, ...since the 1940's.
- There is still steady growth in video systems, and its available on some phones now.
- But growth in corporate settings has been much slower than expected.
- Many experiments have shown that video meetings are a poor substitute for face-to-face.

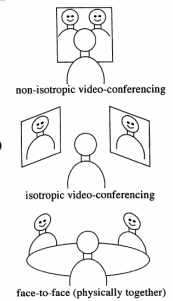


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## Persuasion (Werkhoven et al., 2001)

- 2 participants and 1 confederate performed a collaborative task
- The confederate tries to influence the other's choices
- Persuasive power measured as the change in those choices in response to group discussion



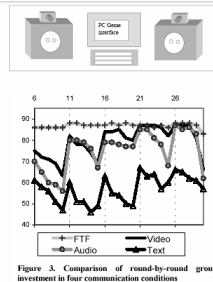
Key result:  
Gaze-preserving V.C. was as good as F2F  
But the non-gaze-preserving video system was much worse

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## Trust Formation (Bos et al., 2002)

- 3-person groups
- 4 conditions - text, audio, video, face-to-face
- Played 30 rounds of a game called Daytrader
- Trust development was delayed in audio/video
- Defections were more likely with video/audio than FTF communication.
- Little difference between video and audio



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## Trust Formation (Bos et al., 2002)

- Summary: the Bos system (which looks like the Werkhoven one) was very poor for trust-based collaboration.
- Reasons?:
  - Gaze: the experimenters tried to faithfully reproduce gaze, but its not clear whether their design actually did.
  - Below-the-neck cues. People usually present only face or face/shoulder images. This hides deception cues.

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### Gaze distortion

- Its physically impossible with standard video displays to preserve gaze for a *group* of people on either side of a video connection. Unfortunately, that is the most common case in commercial settings.

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### Gaze distortion

- Only A believes that the other person is looking at them!
- This is because of the Mona-Lisa effect.

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### Mona Lisa Effect

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### Other Group Breakdowns

- Misunderstandings, talking over each other, losing the thread of the meeting.
- People are good at recognizing these and recovering from them "repair".
- Mediated communication often makes it harder.
- E.g. email often escalates simple misunderstandings into flaming sessions.

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### Solutions

- Sharing experiences is very important for mutual understanding in team work (attribution theory).
- So context-based displays (portholes) work well.
- Video shows rooms and hallways, not just people or seats.

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### Solutions


- Props (mobile presences) address many of these issues. They even support exploration.

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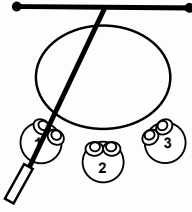
### Solutions

- ▣ Ishii's Clearboard: sketching + presence



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### MultiView Display (UCB)

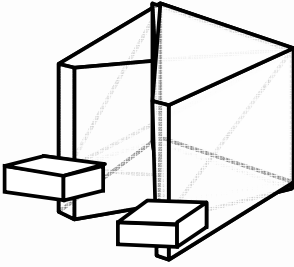


Light is retroreflected toward the source in the horizontal direction.  
 Each user has their own projector, sees their own image.

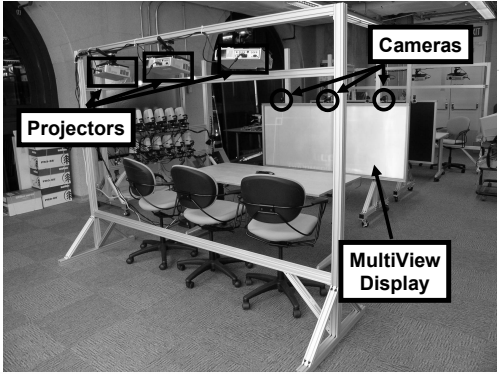
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### MultiView Directional Display


- ▣ Each view is provided by a projector
- ▣ The projected image is reflected directly back in the direction of the projector
- ▣ The image can be seen at varying heights *only* behind the projector
- ▣ Each user gets video from a unique camera at the other end.



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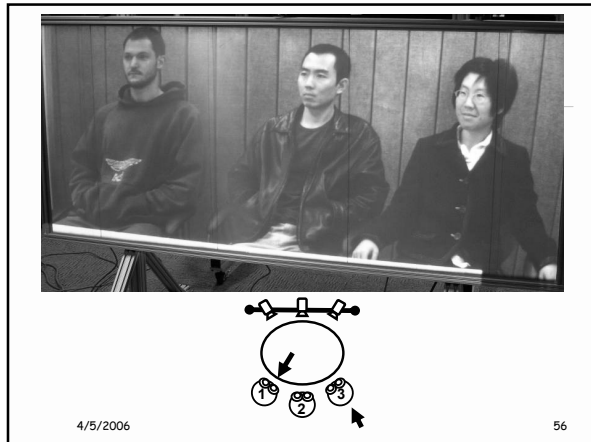
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## MultiView Display

- ▣ The Multiview design fully preserves gaze cues between all pairs of participants, on both sides of the connection.
- ▣ It also reproduces everything that's visible above the table at the other end (same deception cues as a face-to-face meeting).
- ▣ Goal is to see if we can reproduce persuasion **and** trust cues.

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## Summary

- ▣ Social psychology principles for design of CSCW systems: presence, attribution, deception, non-verbal communication
- ▣ Asynchronous groupware: email → knowledge managers
- ▣ Design guidelines for collaboration systems
- ▣ Issues with video-conferencing and solutions
- ▣ There is no "best collaboration technology". The most appropriate technology depends on the task, e.g.:
  - \* Routine coordination and communication
  - \* Persuasion
  - \* Trust and deception

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